

## Bower Place



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### Welcome to Bower Place Complex Needs Clinic

Bower Place is a Psychology, Psychiatry, Family Therapy, Counselling & Research centre for the development of expertise and knowledge in relation to the management and treatment of child, adolescent, adult & family matters.

### Location

Bower Place is located at Level 2 / 55 Gawler Place, adjacent to Rundle Mall in the centre of the Adelaide CBD.



### Staff

The Bower Place Complex Needs Clinic is staffed by senior practitioners experienced in managing personal and systemic complexity; working therapeutically, & case managing, clients. Individual staff details are located on the Bower Place Website.

## **Cost**

### **Mental Health Care Plan**

A Mental Health Care Plan allows us to bulk bill 10 sessions per year.

### **NDIS**

Individual costs will vary depending on support plans & whether you are self-managed or plan managed.

### **Other**

Clients who are not covered by either of the above are able to access services within the Complex Needs Clinic at a low fee rate of \$60 per session.

**Please remember to bring your Mental Health Care Plan or copy of your NDIS plan on the day of your first appointment. You are also able to have a plan faxed prior on (08) 8221 601**

### **Bookings**

3 follow up sessions are booked 2 -3 weeks apart at the time of First Visit bookings, to ensure consistent appointments are available as part of the ongoing therapeutic relationship & process.

### **Confirmation of Bookings**

You will receive a phone call from one of our reception staff a few days prior to any scheduled appointments to confirm your booking.

### **Cancellation of Bookings**

Please note a cancellation fee of \$60 will apply to appointments with less than 24 hours' business day notice.

The clinic has an extensive waiting list and for all clients to access the services of Bower Place please notify of any changes in appointments as soon as possible by calling **(08) 8221 6066**

### **Bower Place is a Teaching Clinic**

Bower Place CNC is a teaching clinic, meaning students work alongside our highly skilled Senior Practitioners and they work together as part of a whole team.

All clients primarily see a Senior Practitioners along with, students who are participating in their placement component of their Vocational Education or Tertiary Studies.

Students are under the direct supervision of the Senior Practitioners and all advice is provided only by Senior Practitioners.

Students participate in client sessions, by taking notes for every client.

For training purposes all CNC sessions are recorded and viewed by a student case team at the time of consultation. All recordings are bound by the strict confidentiality policies of Bower Place and remain on site at all times.

To access the services of the Complex Needs Clinic clients need to agree to the above terms.

### **Wednesday Night Appointments: 5.30- 7pm**

- Students participating in the Bower Place Graduate Diploma in Family Therapy and Systemic Practice work with Bower Place clients on a Wednesday evening. All students in this program are qualified practitioners, most of who are working in the field as they study. Sessions are facilitated by a First and Second year student with continuous and direct oversight by an Educator and Catherine Sanders, the Program Director and Clinical Psychologist.
- Catherine Sanders will usually meet new clients as part of the first session and depending on requirements participate at parts of subsequent sessions.
- The fee for Wednesday evening sessions is \$60. Please note this fee applies to all clients. Mental Health Care Plans are not accepted for these sessions.

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### **Further Information**

Further information about Bower Place can be found on our website, including our membership portal *Bower Systemic* dedicated to the knowledge & training resources offered through Bower Place specifically written and designed for both

- Individuals, Couples & Families
- Professionals, Practitioners & Service Delivery Agencies

[www.bowerplace.com.au](http://www.bowerplace.com.au)

Contact reception staff on 82216066 if you have any further questions.

